



# **P & R *Fast* Facts**

## **HAWAIIAN LUAU**

Yes, summer is almost over and school is about to begin so lets send it out with a fun family luau. Games, snacks, drinks, fun and prizes will be provided. All you need to do is pull out those Hawaiian swim suits and come enjoy the night!!!

Location: Highland Community Pool

Date: Sunday, August 8<sup>th</sup>

Time: 6:30 - 8:30pm

Fee: \$15.00/family

Registration Deadline: Aug 1<sup>st</sup>

Minimum 25 families



**PARKS AND RECREATION DEPARTMENT**  
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### ADMINISTRATIVE STAFF

**Mark Rosen**  
Director of Parks & Recreation

**Nancy Gramlich**  
Programs, Operations &  
Facilities Manager

**Brad Koehnemann**  
Parks & Athletics Manager

**Torre Rutz**  
Parks & Recreation Leader

**Jerry Zobrist**  
Parks Maintenance Leader

**Laura Wilken**  
Aquatics & Facilities Manager

**Michael Lennen**  
Sports, Leisure and Facilities Manager

**Ryan Hummert**  
Natural Resource Manager

**Lori Ladwig**  
Front Desk Manager

"QUALITY IS NOT AN ACT, IT'S A HABIT."

~ ARISTOTLE



## **3rd Annual Youth Triathlon**

Highland Parks and Recreation will be holding it's 3<sup>rd</sup> annual Youth Triathlon. The race will take place at the Community Pool and surrounding area. It will consist of a swim, bike and run. Every child receives a t-shirt and medal. Attendance prizes and top finishers will be awarded.

Date: Saturday, Aug 7<sup>th</sup>

Time: 8:30am

Fee: \$20 per child

Divisions:

8 - 10 years: Swim 50yd, Run .5 mi & Bike 2mi

11 - 13 years: Swim 100yd, Run 1 mi & Bike 3mi

Registration Deadline: July 24<sup>th</sup>



### **P & R News Feed**

**KRC CLOSED - Maintenance week at the KRC begins July 26th. Various areas of the Rec will be closed:**  
Aerobics Room 7/26 - 8/1  
Fitness Area 8am 7/27 - 5pm 7/28  
Gymnasium 7/29 - 8/8  
Indoor Pool 8/2 - 8/22  
*Thank you for your cooperation!*

**PB&J Festival - It's back! Every Friday until Aug. 13th at The Square enjoy free peanut butter and jelly sandwiches and entertainment! Sponsored by the Highland Chamber of Commerce and Highland Parks and recreation**

View our website commercial:  
[www.highlandil.gov](http://www.highlandil.gov)

# No Excuses!

~The P & R Sports and Fitness Section~

Special thanks to all the great men and women that volunteered their time to coach a baseball or softball team this season! There were more than 50 head coaches that graciously gave up their time to be positive role models to the youth of our wonderful community! The Highland Youth Sports Advisory Commission and the Highland Parks and Recreation Department would like to recognize the following for their time, efforts and dedication this 2010 HYBSL season:

Teeball:	Instructional 1st/2nd Grade:	Rookie 3rd/4th Grade:	A 5th/6th Grade:	AA 7th/8th Grade Boys 7th-10th Grade Girls:
Jason Cook Scott Michaelis Jared Beckmann Ann Hoerchler Don Gunter III Craig Powell Brent Korte Robert Massa Tim Ashe Rich Branson Donnie Eddy Danny Kapp Megan Kapp Bobbi Johnson Dave Miscik Dan Pitkin Terry Wilken Eric Augustin Tony Langendorf Matt Machuca	Adam Koisher Carrie Tanner Jeff Brauns Ben Thole Mark Rosen Aaron Roach Randy Wilson Tom Galbiati Ron Frey Pete Fields Keith Henss John Pfister Jon Basden Karen Knackstedt Derek Bircher	Anthony Finley Dan Newman Duane Clark Mike Blackburn Derek Hacke Jim Bugger Dan Grimes Eric Jones Dan Klostermann Harry Painter	Kara Kelso Michael Kessler Eric Rehkemper Andy Steinwagner Kelly McCaslin Richelle Ernst Steve Stone	Adam Vickery Keith Waters Mark Chapman Glenn Hoyt

## Reflection Section:

Summer is nearing the end. Here are just a few of the great programs the Parks and Recreation Department have offered this summer:

Playground



Baseball/Softball



Senior Trips



Tot Lot



Tennis Lessons



Plus MANY more!!

### AMERICAN RED CROSS BLOOD DRIVES

Give the gift of life and donate blood. Each time you donate you help save up to 3 lives!

**O-Negative blood is CRITICALLY NEEDED!**

Location: Korte Recreation Center Meeting Rooms 2 & 3

Dates: Monday, July 26<sup>th</sup> & Monday, Sept. 27<sup>th</sup>

Time: 2:00-7:00pm

To Signup to donate visit: <http://www.redcross.org>

### TREAT THE TROOPS

Bring in a donation to send overseas to help support our troops and receive free aerobics classes July 26<sup>th</sup> - 28<sup>th</sup>!

Class Schedule Click [HERE](#)

List of Items Needed Click [HERE](#)