



2/5/10



City of Highland Parks and Recreation Department

The Benefits are Endless....

Swimming Lessons

Our upcoming group swim lessons are just about full. Hurry in to fill our last spots in *Parent and Child level 1* (30min) which is a great class to help children become comfortable in and around the water so they are ready to learn to swim. Also, *level 2* (50 min) still has a few spots available. In this class students will learn to float without support and begin front crawl and back crawl. Prereq for *level 2* is *Learn to Swim level 1* or *Preschool level 3*.

Private lessons are also available. The fees for a 30 min private lesson with a Red Cross Instructor are \$12 for Members and \$14 for Non-members. If interested stop by the front desk at the Korte Recreation Center.

Adults, we haven't forgotten about you! *Master Swim* lessons

is a structured workout program with a coach open to all adults looking to improve their fitness through swimming. For more information contact Laura.

Parent Child Level 1:

Feb. 13 - March 13
10:30 - 11:00am
\$15 Residents
\$20 Non-residents

Level 2:

Feb. 6 - March 27
10:00 - 10:50am
11:00 - 11:50am
\$30 Residents
\$40 Non-residents

Masters Swim:

Tuesdays
Wednesday
Friday
\$11/day Members
\$13/day Non-members
Contact Laura for more info.



Children have fun, learn to swim and meet new friends at KRC swim lessons!



Aquaerobic classes are also available in the morning throughout the week or evenings on Tues or Thurs

PARKS AND RECREATION DEPARTMENT
#1 NAGEL DRIVE
HIGHLAND, IL 62249
O: 618.651.1FUN (1386)
F: 618.651.1387
W: www.highlandil.gov

ADMINISTRATIVE STAFF

- Mark Rosen**
Director of Parks & Recreation
- Nancy Gramlich**
Korte Recreation Center Program & Facility Manager
- Brad Koehnemann**
Parks & Recreation Manager
- Torre Rutz**
Parks & Recreation Leader
- Jerry Zobrist**
Parks Maintenance Leader
- Laura Wilken**
Aquatics Program & Facility Manager
- Michael Lennen**
Sports, Leisure and Facilities Manager
- Ryan Hummert**
Natural Resource Manager
- Lori Ladwig**
Front Desk Manager

P & R News Feed

HYBSL registrations have begun! Want to Ump this season? Be sure to sign up for the clinic! Its only \$10/person.

Skate Night is just around the corner! Dust off those roller skates or inline skates and join us on Feb. 11th from 6:30 - 8:30pm at the Weinheimer. This program is for Preschool - 2nd Graders!
\$2/child (parents free)

FYI: The Indoor Soccer coaches meeting for 1st/2nd and 3rd/4th grade divisions is set for Thursday Feb. 11th. Coaches will begin calling their teams that night or on Friday!!

DID YOU KNOW

WE ARE ON:



AND



Toddler Swim Time

Every Tuesday and Friday from 10:30 - 11:30am, children 8 years old and younger have the play feature all to themselves!! All other areas of the pool are closed except the hot tub. A parent or guardian dressed in swim attire is

required to accompany the child in the water.



Time:

10:30 - 11:30am

Location:

Korte Recreation Center

Age:

8 years and under

Days:

Tuesday and Friday

No Excuses!

~The P & R Sports and Fitness Section~

Here is a look at the next two weeks of Highland Parks and Recreation basketball game schedules.

For more information please contact Michael at 618.654.6071

3rd - 4th Grade

Optimist (Boys)	6:00PM	7:00PM	8:00PM
Thank you for a great season! We hope to see all of you again next year!			

Boy's TEAMS:

- #1 Dave Bargetzi
- #2 Duane Clark
- #3 John Dant
- #4 Gary Feldmann
- #5 Greg Drysdale
- #6 Mike Spies
- #7 Brad Allen
- #8 Lee Fuqua

Lions (Girls)	6:00PM	7:00PM	8:00PM
Thank you for a great season! We hope to see all of you again next year!			

GIRL'S TEAMS:

- #1 Darrin Diercks
- #2 Steve Ferguson
- #3 Mike Riffle
- #4 Jeff Thies
- #5 Virgil Wilke
- #6 Pete Fields

5th - 6th Grade

Optimist (Boys)	7:00PM	8:00PM
Thank you for a great season! We hope to see all of you again next year!		

Boy's TEAMS:

- #1 Mike Kessler
- #2 Jeff Thies
- #3 Duane VonderHaar
- #4 Jim Bugger



Lions (Girls)	9:00AM	10:00AM
Sat, Feb 6th	2 - 4 @ WCC	3 - 1 @ WCC

GIRL'S TEAMS:

- #1 Jeff Wright
- #2 Steve Stone
- #3 Andrew Jansen
- #4 John Pfister



WANTED:

Volunteer Coaches

The Highland Parks and Recreation Department is looking for a few good men and women to coach and mentor youth in our community!

As most people know, sports and athletics help

give youth a constructive avenue to release stress, grow mentally and physically and develop socially. Help be apart of that journey by volunteer coaching for Highland Parks and Rec.

Upcoming Coaching Opportunities:

- Indoor Soccer
- HYBSL



Be sure to tell your friends to signup for informative weekly P&R Newsletters at:

www.highlandil.gov